

THE 10 RULES OF COSHH

Under COSHH or the Control of Substances Hazardous to Health Regulations, all persons at work need to know the safety precautions to take so as not to endanger themselves or other through exposure to substances hazardous to heath. Below are general classifications of risk - know the appropriate symbols, their meaning and their safety precautions.

SAFETY GUIDELINES TO FOLLOW UNDER COSHH

- 1. Always read the label and follow the instructions.
- 2. Always use the protective clothing provided.
- 3. Do not mix chemicals unless instructed. Mixing chemicals can kill.
- 4. Never put chemicals into unmarked containers.
- 5. Never put chemicals into bottles or containers which have other uses, i.e. eating and drinking.
- 6. Be sure you know the first aid treatment required if you accidentally spill chemicals on yourself or others.
- 7. Store all chemicals safely in secure containers well away from children.
- 8. Report any faulty equipment, spillages or damaged containers to your supervisor.
- 9. Always follow the rules. Develop safe working practices around the workplace.
- 10. If you find anything wrong, report it to your supervisor.

CLASSIFICATION	SYMBOL	SAFETY INFORMATION
CORROSIVE, TO SKIN OR METAL	H	Wear eye and face protection. If in eyes rinse cautiously with water for several minutes. Seek medical advice. if on skin wash immediately with plenty of water. Remove all contaminated clothing.
CAUSES SERIOUS EYE DAMAGE		Wear eye protection. If in eyes rinse cautiously with water for several minutes. Seek immediate medical advice.
ENVIRONMENTAL TOXICITY	×	Avoid release to the environment in the neat form, consult environmental section on SDS.
FLAMMABLE		Do not smoke. Avoid sources of ignition.
HARMFUL		Harmful by skin absorption or if swallowed. Avoid contact with skin and eyes, wash immediately with water. If swallowed drink plenty of water and seek medical advice.
IRRITANT		Avoid contact with skin and eyes. Wash immediately with water.
OXIDISER		If spilled, wipe with clean cloth, then was the cloths immediately in warm water. Avoid contact with skin and eyes, wash immediately with water. If swallowed drink plenty of water and seek immediate medical advice.
SERIOUS LONGER TERM HEALTH HAZARDS SUCH AS CARCINOGENICTY AND RESPIRATION SENSITISATION		May be fatal if swallowed and enters airways. IF SWALLOWED: immediately call a POISON CENTER or doctor/physician.
ACUTE TOXICITY ORAL, DERMAL, INHALATION		May be fatal if swallowed and enters airways. IF SWALLOWED: Immediately call a POISON CENTER or doctor/physician.

ALWAYS READ THE PRODUCT TEXT THAT IS NEXT TO THE CLASSIFICATION SYMBOL. DO NOT JUST RELY ON SYMBOL ALONE

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